

Female contraception on male contraception

O. Casian-Botez, D.S. Tomosoiu, L. Coca, S. Ursu, M. Flondor, L. Nechita

“Elena Doamna” Women’s Wellness Center, Iasi, Romania

The concept of male contraception gives an important role to the male partner in the couple’s health. The purpose of the present paper is to determine the way in which male contraception is regarded among patients of our Center with various social profiles. **Material and methods:** the study was carried out on a group of 2413 patients within the pre-abortion counseling. We used a questionnaire on male contraception. The profile of the interviewed population was established using social criteria, marital status and the number of children of the couple.

Results: 80% of the patients we questioned required further counseling regarding the methods included in male contraception; 94.11% agree with male contraception but do not use it, 23.55% choose the DIU, 47.05% chose COC, 29.4% are not decided upon the method to use. Only 17.64% consider male contraception as a choice, which can avoid the secondary effects of female contraception. 94.11% used natural male contraception methods—among these 25% became pregnant. In regard to vasectomy, only 13.33% believe their partner would accept the method, in the case of a stable couple with more than 2 children, 47.05% believe their attitude would influence their partner’s opinion, 29.41% think that this contraceptive method interferes with the sexual functions.

Conclusions: approaching this subject in a couple involves the existence of general contraceptive knowledge and especially regarding male contraception. This knowledge has been found to be poor in the couples we questioned. Communication within the couple could facilitate the extended approach of this subject, benefiting both partners. Most patients consider that their partner would not accept male contraception, especially vasectomy. We noticed that male domination within a couple is still a fact; women prefer birth control, assuming the known side effects. Men’s attitude towards contraception; we cannot conclude on the subject due to a limited communication within the couple.