

Emergency contraception in women suffered from sexual abuse

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Objectives: to investigate efficacy, tolerance of emergency contraception: gestagen and Uzpé method in a comparative aspect in women suffered from sexual abuse.

Methods: 28 patients were examined, aged from 14 till 20, after sexual abuse. In 23% it was the first sexual contact. The patients came to doctors on the 2nd day after the contact as a rule. All the subjects were divided into 2 groups. The 1st group took Postinor the 2nd estrogen-gestagen contraceptive Ovidon.

Results: Efficacy of both contraceptives was 100: no pregnancies were registered. Side effects in the form of nausea, vomiting, dizziness were noted twice as often in the 2nd group. When regular menses came a planned contraception with Novinete and Regulon was recommended not only with the purpose on contraception and prophylaxis on menstrual cycle but also for rehabilitation after sexual abuse.

Conclusions: Both Ovidon and Postinor are effective means of emergency contraception. Postinor seems to be to tolerant.