

## **Multimodal contraception in family planning and in health protection for women**

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Acceptance of family planning as a life style results in realisation of modern society improvement of quality of life and humanisation of relations between the sexes Application of multimodal contraception is a primary method of familyplanning.

In the domain of social application the problem of unwonted pregnancy has been old but as social movement it is a new one

Even the primitive societies applied devices and methods of contraception with more or less success but only during the 20<sup>th</sup> century contraception methods developed and were used as a preventive measure in protection of women's health. Its application alone humanisation and rationalisation in giving birth. By the use of multimodal contraception women save their health which could be endangered by termination of unwonted pregnancy an frequent deliveries.

"Family planning could bring more benefits to more people at less cost than any other single technology now available to the human more." UNICEF